



# Athlete General Code of Conduct Policy

Approved: 2018

Review: 2020

## **Pembrokeshire Weightlifting (PWL) Athlete General Code of Conduct**

Athletes and Staff / volunteers as members of PWL are required to maintain certain standards of behaviour, punctuality and discipline at all times and recognise that his/her behaviour will reflect on Pembrokeshire Weightlifting.

The Athlete and Staff / volunteer agrees to conduct him/herself in a proper manner, which will include but not be limited to:

- Making a positive commitment to supporting and achieving the aims and objectives of PWL
- Accepting and abiding by all the sports policies and procedures currently adopted in relation to membership of PWL.
- Conduct him/herself at all times when training, competing or on duty as a member of the PWL Team in a correct and proper manner that does not bring PWL or any Commercial Partner or themselves into disrepute.
- Project a favourable and positive image of PWL by adopting high standards of behaviour and appropriate dress at all times, especially when carrying out duties in relation to PWL.
- Behave reasonably and in a manner, that shows proper respect for other athletes, coaches, support staff and colleagues in the sport and other athletes in any other sport when training, competing or residing in a multi-sport environment.
- Refrain from the consumption of any alcohol during all squad sessions, major championship and international events.
- Not commit any act that shocks or offends the community or which manifests contempt or disregard for public morals and decency.

## **Code of Conduct at Events & Competitions**

Athletes and Staff / volunteers as members of PWL will be required to agree to and sign the following code of conduct for times when travelling to, and competing at International Events & Competitions:

- To wear appropriate team clothing and footwear, as advised by the Team Manager, at all times when at the Competition venue, accommodation and transfers to/from the venue.
- Ensure that you are prepared for competition with the appropriate clothing, equipment and any required documentation.
- Observe the daily schedule produced by the Team Manager.
- To keep noise levels to a level acceptable to other teams/competitors at all times and especially after 21:00hrs, by not talking/shouting/to team mates across the room or in corridors/foyers of accommodation.
- To keep rooms, tidy and clothes in the designated places i.e. hanging spaces and shelves.
- To ensure that there are no guests in PWL accommodation rooms at any time.
- Refrain from the consumption of any alcohol during all squad sessions, major championship and international or domestic events.
- To treat the team personnel and competition personnel with courtesy and respect at all times, no use of foul language or intimidating behaviour.
- To accept any reasonable request made by management.